Elk Point Elementary School
April 2024

Box 600, 5410—50 Street, Elk Point, Alberta, T0A 1A0
Principal: Ms. Leanne Vinge Asst. Principal: Mrs. Reanne Mudryk

Phone: 780-724-3880 Text: 780-646-2160 Website: www.elkpointelementaryschool.ca
Email: epe@sperd.ca Facebook: Elk Point Elementary SPERD

At EPE we take PRIDE in everything we do!

Dates to Remember

1 –Easter Monday, no school
12—Twin/Triplet Day
15-23—Gr. 2 & Gr. 3 Swim Program
19—PLC Day, no school
22—May Hot Food & Milk orders due
26—Jump Rope for Heart—Grades 3-6
30—Student Assembly

Spring Photos & ECS Grad Photos

Monday, May 6th
KA Grad Photos
KA, Grades 1-6 Spring Photos

2023/2024 YEARBOOK

Please order and pay through SchoolCashOnline by May 31, 2024

school lunch menu

April Hot Food

Thursday, April 4

Thursday, April 11—KA day

Thursday, April 18

Thursday, April 25

May Milk & Hot Food Orders due **Monday, April 22nd**

PLC DAY
Friday, April 19th
no school

NEWS FROM THE LEARNING COMMONS

Thank you to everyone who made our 2024 Book Fair a **GREAT SUCCESS!!** This year we had over $5500 in book sales! WOW! The profits will allow us to purchase several new books and resources for our Library!! I have purchased approximately $600.00 in new books and approximately $1000.00 in cash to go towards incentives, Authors, etc.! It will be a busy few months getting all of our new books catalogued!!

A **BIG** Thank You to the Staff and Students who helped prepare for our Book Fair. A very special Thanks to the Staff and Parents for their continued support of the Learning Commons during the Book Fair and during the opening night! Oliver Williams was the lucky winner of a $10 book fair voucher for completing his passport.
Justean Whiting was the lucky winner of $25 in product from the book fair and $25 for her Teacher Mrs. Wood!!! We also had some draws for posters!!

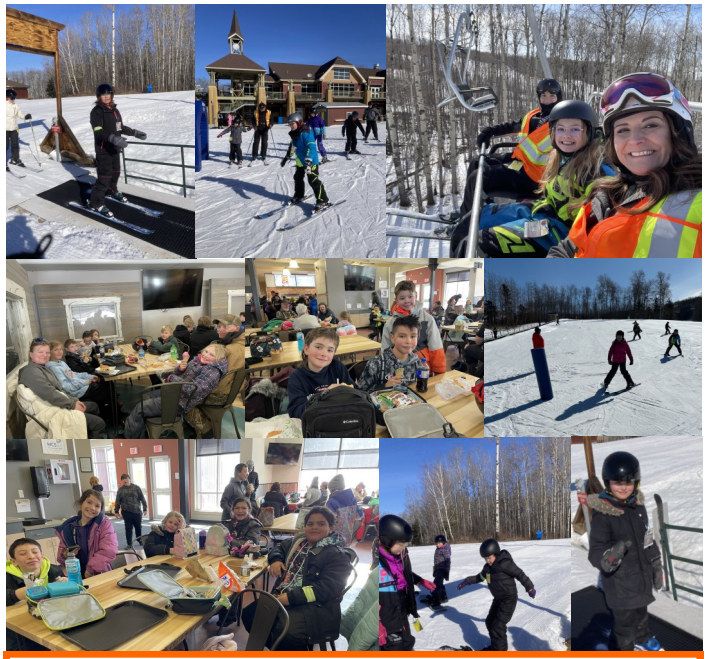
Library Jeopardy is still going strong!! . Our final competition will happen this month! Keep an eye out for the results!!

Our 3rd Reporting Period for AR has started!!! We have our school wide challenge happening as well!! Keep an eye/ear out for more information!!!

MRS. DEWAN

EPSN

ELK POINT SPORTS NEWS



A Great Day to Hit the Slopes!

UPCOMING EVENTS

Grade 5 & 6

Kinball Tournament

April 2-12

GRADE 3—6

JUMP ROPE EVENT

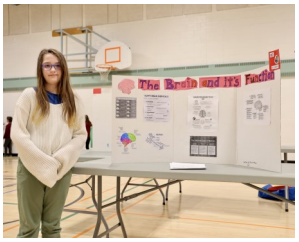
APRIL 26TH

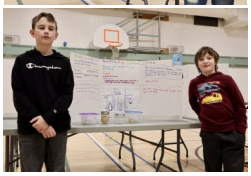
Grade 2 & 3 Swimming Program

April 15—23

Grade 3/4 & 4 Swimming Program

May 8—15





MARCH MADNESS

St. Paul & District STEAM Society

is hosting the Lakeland

Saturday April 13th

Where: Portage College St Paul Campus!

Join us for a day packed with innovation, discovery, and inspiration at STEAMXcape 2024. Whether you're a budding scientist, a tech enthusiast, or simply curious about the future, this event is for YOU!

This Spring we have chosen a NEW fundraiser idea!

The fundraiser will run from April 15—May 6.

More info. will be sent home with students next week.

Check out their website instacakecards.com

Upcoming Admin Change

After spending the last 15 years of my career at Elk Point Elementary, with 12 of those as an administrator, I have made the decision to pursue other career opportunities at the end of this school year. EPE will always hold a special place in my heart and I am grateful that I have had the opportunity to be a part of your children's lives.

Ms. Leanne Vinge

EPE's Annual

Spring Showcase & Tea

Friday, May 3

1:00 ~ 3:00 pm

Featuring:

~ **Artwork** from all grades

~ **Performances** created by students

~ Primary Class **songs**

~ An opportunity to purchase **cakes** and **flowers** to support our **students and arts programs**

Invites will be sent home with all performers. **Audience is welcome**—just let us know you're coming by calling the office or responding to the google form on the invite!

Please **RSVP** by **April 26**.

Donations are welcome.

PERFORMING ARTS

Images by Harryarts on freepikcom

March 13, 2024

BOARD MEETING HIGHLIGHTS

St. Paul Education

Mallaig Community Engagement
The Division hosted a Community Engagement session on March 7 in Mallaig. We extend our gratitude to the parents, community stakeholders, and MLA Glenn van Dijken for attending. The session fostered productive discussions and valuable feedback on the potential inclusion of a daycare in the design of the new school planned for Mallaig. Following the recent provincial budget announcement, it was confirmed that the Division will not receive funding to proceed with the Mallaig replacement school construction during this current budget cycle. The Division remains optimistic that funding will be approved in the next cycle.

Provincial Budget Announcement
The Provincial budget was released on February 29. At the provincial level there is a modest increase of 4.4% to the overall Education budget; however, student growth province wide is expected to be about 3.6% which narrows the amount to accommodate inflation. The Division is awaiting the release of its funding profile to assess the local impact of the budget. The Division will receive additional $86,558 in one-time funding for the current school year to support nutrition programming in schools.

2024-25 Two Hills Mennonite and Colony School Calendar
The regular calendar was approved on February 14, 2024. Superintendent Barron has created an alternative calendar for the Two Hills Mennonite and Colony schools. The Board of Trustees approved the recommended calendar. The 2024-25 calendar for Two Hills Mennonite and the Colony schools can be viewed here.

School Division Pow Wow
The Division will host a Traditional School Pow Wow on May 30, 2024. We extend our gratitude to the Frog Lake First Nation for hosting this event at their Pow Wow Arbour. This celebration of Cree culture will feature talented dancers from St. Paul Education schools showcasing their talents and skills.

Local Scholarship Program
The 2024 Local Scholarship Booklet is now available on our website. It features numerous scholarships, awards, and bursaries that our graduating students can apply for. This year, we are excited to introduce a new scholarship - the Pratch Family Foundation Arts Scholarship. Thank you to all our generous sponsors for supporting this valuable program and assisting our students in their career and post-secondary endeavors.

Alberta Rural Education Symposium
Several representatives from the Board and Division attended this conference, which was hosted in Enoch in early March. Participants had the opportunity to attend sessions and participate in conversations focused on cultivating relationships, nurturing connections and harvesting success in the context of rural education.

Capital Plan Priorities
The Board of Trustees passed a motion to approve the 2023-24 IMR and Capital Plan. Capital plan improvements are subject to provincial funding approval. The Division's priority ranking includes the replacement of the École Mallaig and Elk Point Elementary schools and modernizations to the New Myrnam and Heinsburg schools.

Alberta School Employee Benefit Plan Premium Rate Increase
An increase in these fees will result in a cost of approximately $200,000 for the Division. The Board of Trustees approved a motion to share a letter of concern with the Minister of Education and the Alberta School Boards Association regarding the ASEBP rate increase.

For more information, contact:
Mr. Peter Barron
Superintendent of Schools
barrpete@sperd.ca

Learning Together, Growing Together

St. Paul Education Learning Calendar 2024-2025

August 2024

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

September 2024

M	T	W	T	F
2	**3**	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

October 2024

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

November 2024

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

December 2024

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

January 2025

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	**28**	29	30	31

February 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

March 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

April 2025

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

May 2025

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

June 2025

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	**25**	26	27
30				

LEGEND	
Instructional Day	
PLC Day	
Schools Closed	
Early Dismissal (2 pm)	
Catholic Formation (Mallaig, SPECS, Racette)	

Approved School Holidays

Labour Day	Sept 2	Family Day	Feb 17
Thanksgiving Day	Oct 14	Spring Break	March 24-28
Remembrance Day	Nov 11	Good Friday	April 18
Fall Break	Nov 12-15	Easter Monday	April 21
Christmas Break	Dec 23-Jan 3	Victoria Day	May 19

St. Paul Education

Important Dates

August 28-30	PLC Days
September 2	Labour Day
September 3	**First day of school**
September 30	Truth & Reconciliation Day
October 10	Catholic Education Formation (SPECS, Racette, Mallaig only)
October 11	PLC Day
October 14	Thanksgiving
November 11	Remembrance Day
November 12-15	Fall Break
December 20	Early Dismissal
Dec 23 - Jan 3	Christmas Break
January 28	**First day of second semester**
January 31	PLC Day
February 12	Early Dismissal
February 13-14	Teachers' Convention
February 17	Family Day
February 18	PLC Day
March 10	PLC Day
March 24 - 28	Spring Break
April 17	PLC Day
April 18	Good Friday
April 21	Easter Monday
May 15	PLC Day
May 16	Schools Closed
May 19	Victoria Day
June 9	PLC Day
June 21	National Indigenous People's Day
June 25	**Last day of classes**
June 26	PLC Day

Days of School Operation

	Public Schools		Catholic Schools	
	Instructional	Staff Only	Instructional	Staff Only
August	0	3	0	3
September	20	0	20	0
October	21	1	20	2
November	16	0	16	0
December	15	0	15	0
January	16	0	16	0
Semester 1	**88**	**4**	**87**	**5**
January	3	1	3	1
February	16	3	16	3
March	15	1	15	1
April	19	1	19	1
May	19	1	19	1
June	17	2	17	2
Semester 2	**89**	**9**	**89**	**9**

	Public Schools	Catholic Schools
Total Instructional Days	177	176
Total Staff Only Days	13	14
Total Operational Days	190	190

Instructional Hours - Public Schools

	Days	Min./Day	Hr./Year
Elem/Jr High	177	322	950
High School	177	339	1000

Instructional Hours - Catholic Schools

	Days	Min./Day	Hr./Year
Elem/Jr High	176	324	950
High School	176	341	1000

Calendar Approved: February 14, 2024

Professional Learning Community - PLC days provide opportunities for staff to work together on topics such as: school opening and closing, professional learning, sharing best practices, assessment, and supports for students.

Catholic Education Formation (CEF) - October 10, 2024

Diploma Exam Schedule 2024-25 - October 28 - 31 **November** 4-7 **January** 13-17, 20-24 & 27 **April** 1-4, 7-11 **June** 11-13, 16-20, 23-25

Provincial Achievement Test Schedule 2024-2025 - In draft format as per Alberta Education **January** 15-17, 20-24 **May** 26-29 **June** 3-6, 9-13, 17-19

ELK POINT THEATRE PROJECT
PRESENTS

ROALD DAHL'S

Matilda

THE MUSICAL JR.

APRIL 27TH & 28TH
MAY 4TH & 5TH

$30 W/BUFFET
$20 UNDER 12 W/BUFFET
$15 SHOW ONLY

"Even if you're little you can do a lot."

SATURDAY SHOW

DINNER AT 5:30
SHOW AT 7:30

SUNDAY MATINEE

LUNCH AT 11:30
SHOW AT 1:00

TICKETS

Pick up in person - Elk Point Realty
Email - elkpointtheatreproject@gmail.com
Text - Denise at (780) 614-7661

ELK POINT ALLIED ARTS AND LEISURE CENTRE

Is my child ready for technology and social media?

It is important to know that there is no right or wrong answer. What works for one family may not work for another. Even within the same family, each child is unique.

Research suggests that it is important as parents to focus on healthy relationships and communication before a child is ready to enter the world of social media and technology.

Some tips to build strong connections with your kids:

- Be available to provide attention and time
- Validate and help manage your child's feelings
- Learn about and get involved in what interests them
- Set limits

There may be benefits to technology when it is used in a healthy way. Such benefits can include:

- Developing interpersonal and communication skills
- Socializing with peers
- Develop skills such as musical, artistic, etc.
- Encourages learning
- Increased understanding of technology advancements, which are inevitable in a young person's future

Using mindfulness to manage tech & social media overload

Notice how using social media makes you or your child feel. Sometimes people compare themselves to others which may create feelings of inadequacy.

Be aware of how much time you and your child spend on social media, what apps they use, interactions that take place, and how you or your child feels afterwards.

Take breaks from social media and technology to do other things like going outside or spending time with family and friends.

Develop healthy digital habits for using technology and social media

- Balance screen time with other family activities
- Discuss online activities with one another
- Have regular conversations about social media
- Create a safe space for your kids to approach you if they have concerns
- Talk about how social media can impact emotions and feelings
- Talk about what is real and what is edited

MORE RESOURCES

Kids & Tech: 12 Tips for Parents in the Digital Age - HealthyChildren.org

5 Ways To Form Stronger Attachment With Your Children - Crisis & Trauma Resource Institute (ctrinstitute.com)

Information on mental health, community supports, programs and services in your area:

MyHealth.Alberta.ca

Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642

811 Health Link Health Advice 24/7

Alberta Health Services

2024

April

Elk Point LOCATION

WHICH PROGRAM IS FOR ME?
child development & well being
ages 0-6 (blue)
ages 7-18 (red)
caregiver support, building, classes
all ages (Grey)
community events
all ages (White)

MON	TUE	WED	THU	FRI
01 **CLOSED**	**02** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**03** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**04** RAINBOWS 4pm-5pm **REGISTER**	**05** Fine Motor Fun 10am - 12pm **DROP IN** Baby Bunch 1:30pm-2:30pm **DROP IN**
08 Meet friends at the PARK! Art Fun 3:30PM-5:30PM **REGISTER**	**09** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**10** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**11** RAINBOWS 4pm-5pm **REGISTER**	**12** Story & Craft 10am - 12pm **DROP IN**
15 Have a coffee with someone special!	**16** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**17** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**18** RAINBOWS 4pm-5pm **REGISTER**	**19** **CLOSED**
22 Think about what made you smile today! HOME ALONE 3:30PM-5:30PM **REGISTER**	**23** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**24** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm	**25** RAINBOWS 4pm-5pm **REGISTER**	**26** Icky, Sticky, Messy Play 10am-12pm **DROP IN** Baby Bunch 1:30pm-2:30pm **DROP IN**
29 Try something NEW this week!	**30** Office **OPEN** 8:30am - 12:30pm 1:30pm - 4:30pm			

fcss
St. Paul Regional Family and Community Support Services

Lakeland
FAMILY RESOURCE NETWORK

4906 - 48 St
Elk Point AB T0A 1A0
Call: 780-724-3800
Text: 780-614-1941
Web: stpaulfcss.ca

st.paul_fcss

St. Paul Regional FCSS & Family Resource Network

Come connect with us & other families while learning about child development & parenting.

Look for **Baby Bunch Sessions** where professionals come in and discuss topics related to your child's age.

0-18 MONTHS

LFRN ELK POINT 4906 48ST

Baby Bunch

Friday April 05 & 26

1:30pm

DROP IN

780-724-3800

FREE

Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.

Fine motor skills are activities in which you use the **SMALL** muscles in your hands and wrists to make **PERCISE** movements.

Fine Motor Fun

AGES 0-6

LFRN Elk Point 4906-48 St

Friday April 05

10am-12pm

DROP IN

780-724-3800

FREE

Developing fine motor skills through play.

Lakeland FAMILY RESOURCE NETWORK

fcss St. Paul Regional Family and Community Support Services

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.

YOUTH 7+

LFRN Elk Point 4906-48 St

Exploring creativity through the use of your imagination or original ideas.

Art Fun

Monday
April 08

3:30pm-5:30pm

FREE TO REGISTER
780-724-3800

Lakeland
FAMILY RESOURCE NETWORK

fcss
St. Paul Regional Family and Community Support Services

Connect with us for more information.
Call **780-724-3800** or visit our website at **stpaulfcss.ca**
Providing services and support for ages 0-18yrs, parents and caregivers.

Storytime & Craft

AGES 0-6

LFRN Elk Point 4906-48 St

Friday April 12

10am-12pm

DROP IN

780-724-3800

FREE

Encouraging speech and language development, attention span, listening skills and bonding.

Lakeland

FAMILY RESOURCE NETWORK

fcss

St. Paul Regional Family and Community Support Services

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.

Various topics include:
-the responsibility of staying alone
-basic safety tips
--fires
-simple first aid
-what to do in case of an emergency

***Participants must be at least 8 years old**

YOUTH 8+

LFRN Elk Point 4906-48 St

This course is for young people who are beginning to stay home alone.

Home Alone Course

Monday
April 22

3:30pm-5:30pm

CALL TO REGISTER
780-724-3800

$25 REGISTRATION FEE

Lakeland
FAMILY RESOURCE NETWORK

fcss
St. Paul Regional Family and Community Support Services

Connect with us for more information.
Call **780-724-3800** or visit our website at **stpaulfcss.ca**
Providing services and support for ages 0-18yrs, parents and caregivers.

Help your child explore the world through their senses & encourage their curiosity. They learn through play & **WE** take care of the mess!!

Icky, Sticky, Messy

AGES 0-6

LFRN Elk Point 4906-48 St

Friday April 26

10am-12pm

DROP IN

780-724-3800

FREE

Encouraging sensory development, and helps build social-emotional skills.

Lakeland

FAMILY RESOURCE NETWORK

fcss

St. Paul Regional Family and Community Support Services

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.

APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Easter	1	2 DAY 4	3 DAY 5 KA	4 DAY 6 POUTINE	5 DAY 1 KA	6
7	8 DAY 2	9 DAY 3 KA	10 DAY 4	11 DAY 5 KA HOT DOGS	12 DAY 6 T IS FOR TWINS & TRIPLETS TWIN/TRIPLET DAY	13
14	15 DAY 1 KA GR.2 AND	16 DAY 2 GR.3 SWIMMING	17 DAY 3 KA	18 DAY 4 LESSONS MAGIC PIZZA	19 PLC DAY DON'T FORGET! NO SCHOOL!!!!	20
21	22 DAY 5 KA GR.2 AND GR.3 SWIMMING LESSONS Milk & Hot Food Orders due today	23 DAY 6	24 DAY 1 KA	25 DAY 2 SUBWAY	26 DAY 3 KA JUMP ROPE FOR HEART	27
28	29 DAY 4	30 DAY 5 KA Student Assembly				