

Elk Point Elementary School

February 2024



Box 600, 5410—50 Street, Elk Point, Alberta, T0A 1A0
Principal: Ms. Leanne Vinge Asst. Principal: Mrs. Reanne Mudryk

Phone: 780-724-3880
Email: epe@sperd.net

Website: www.elkpointelementaryschool.ca

Facebook: [Elk Point Elementary SPERD](https://www.facebook.com/ElkPointElementarySPERD)



February

- 1-9 Candygram Sales
- 2 PLC DAY, no school
- 2 Groundhog Day
- 7 Winter Walk
- 14 Happy Valentine's Day—Wear Red/Pink
- 14 Early Dismissal @ 2:00 pm
- 15/16 Teachers' Convention, no school
- 19 Family Day Holiday, no school
- 20 March Milk & Hot Food Order Deadline
- 26-29 Random Acts of Kindness Week
- 28 Pink Shirt Day
- 28 Student Assembly
- 29 Decades Day



TIGER TUESDAYS



Every Tuesday we show Tiger's Pride by wearing orange/black or EPE school clothing. Find the link on our website.

Thank You

FOR YOUR SUPPORT

BOTTLE DRIVE

\$668.35

PROFIT



CKNW KIDS' FUND
PINK SHIRT DAY



PRESENTED BY
FORTIS BC

FEBRUARY 28, 2024

Early Dismissal @ 2pm - Wed. Feb. 14th

Teachers' Convention - Feb. 15th & 16th

FAMILY DAY HOLIDAY—

MON. FEB. 19TH



February Hot Food Menu

Feb. 1—Hot Dogs
Feb. 8—Chicken Burgers
Feb. 22—Subway
Feb. 29—Magic Pizza

March hot food & milk
orders are due
FEBRUARY 20, 2024

WHEN BUSES DON'T RUN...

BUS STUDENTS

- ⇒ Your child's bus driver will contact you
- ⇒ Get notifications with the Bus Status App
- ⇒ Parents should still contact the school if your child will not be attending

TOWN STUDENTS

- ⇒ Parents need to notify the school if your child will not be attending.

780-724-3880

Valentine's Day - Feb. 14th

Wear Red/Pink

Don't FORGET!




It's Early Dismissal @ 2:00 PM

DECADES Day

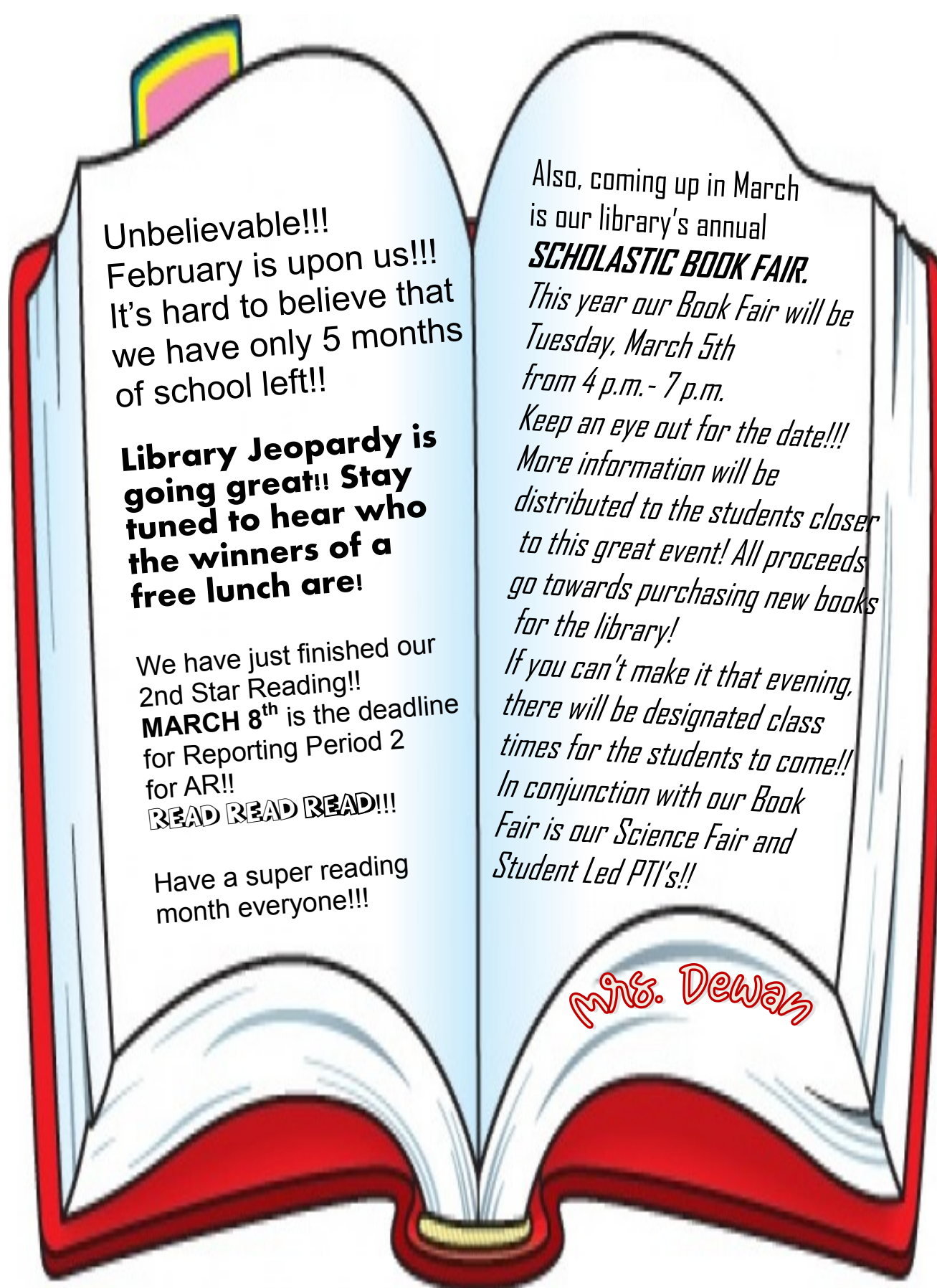


THURSDAY, FEBRUARY 29

Random Acts of Kindness Week



Feb.
26-29



Unbelievable!!!
February is upon us!!!
It's hard to believe that
we have only 5 months
of school left!!

**Library Jeopardy is
going great!! Stay
tuned to hear who
the winners of a
free lunch are!**

We have just finished our
2nd Star Reading!!
MARCH 8th is the deadline
for Reporting Period 2
for AR!!
READ READ READ!!!

Have a super reading
month everyone!!!

Also, coming up in March
is our library's annual
SCHOLASTIC BOOK FAIR.

*This year our Book Fair will be
Tuesday, March 5th
from 4 p.m. - 7 p.m.*

Keep an eye out for the date!!!

*More information will be
distributed to the students closer
to this great event! All proceeds
go towards purchasing new books
for the library!*

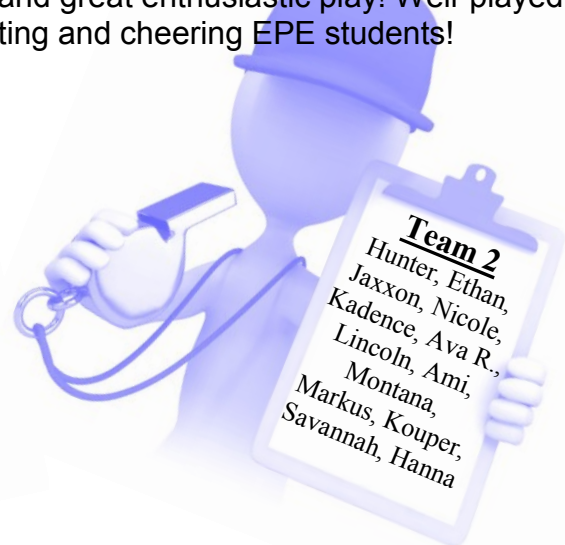
*If you can't make it that evening,
there will be designated class
times for the students to come!!*

*In conjunction with our Book
Fair is our Science Fair and
Student Led PTI's!!*

Mrs. Dewar



The 2nd “Battle of the Sixes” of the year showcased the Grade 6 students’ volleyball skills. A super game was played on January 24th, which saw Team 2 win over Team 1. Both Teams then went on to play against the staff on Friday, January 26th, which once again showed great serving, volleyball skills and great enthusiastic play! Well-played matches everyone & great job spectating and cheering EPE students!



Special thanks to the following Grade 5 students who helped out with scorekeeping and officiating for both Volleyball Event Days:

Gracie Beck, Kyla LaPointe, Gracie Nelson, Sam Franklin,
 Jasmine Merkel, Grayson Koppang, Lennox St Arnault



Wednesday, February 7, 2024

*Open the
Door and
Go For
It!*



On Wednesday, February 7th the entire school will be meeting out in the parking lot after noon recess & taking part in our Annual Winter Walk Day.

Every winter, thousands of Albertans celebrate winter and walking by participating in the Winter Walk Day in February & we will be joining them by walking for a minimum of 15 minutes in our EPE Families. Walking is great for our health, the environment, reducing traffic and building community.

We would like to extend an invite to all of our EPE family members to come out and join us on our Winter Walk Day on February 7th at 12:35 pm.

Hope to see you there!



SKI/SNOWBOARD TRIP

This year the Grade 4, 5 & 6 students will be going to Kinosoo Ridge in Cold Lake for a day of skiing & snowboarding on Wednesday, March 20, 2024. Information and consent forms will be sent home prior to this date.



A festive poster for Valentine's Day Candygrams. The background is a light grey wood-grain texture with scattered red and pink confetti and small heart cutouts. At the top, the words "VALENTINE'S" are in large, bold, white capital letters with a thick red outline. Below them, the word "Day" is written in a large, stylized, red cursive font with a white outline. Underneath "Day", the word "CANDYGRAMS" is in bold, red capital letters with a white outline. To the right of "CANDYGRAMS", there is a red heart containing the white text "\$2".

VALENTINE'S Day CANDYGRAMS \$2

AS A SCHOOL FUNDRAISER, THE GRADE 6 STUDENTS WILL BE SELLING
CANDYGRAMS JANUARY 31ST - FEBRUARY 9TH AT SUCCESS TIME.

FOR \$2/CANDYGRAM, THE STUDENTS CAN PURCHASE A CANDYGRAM FOR THEIR
FRIEND, CLASSMATE, TEACHER, OR FAMILY MEMBER.

THE GRADE 6 CUPIDS WILL BE DELIVERING THE CANDYGRAMS ON FEBRUARY
13TH FOR THE KA CLASS AND ON VALENTINE'S DAY FOR ALL OTHER CLASSES.

TEXT LINE DOWN!!

**We are in the process of obtaining a new
permanent text number.**

**Until further notice please call the office
780-724-3880**

We apologize for the inconvenience.

FEBRUARY

After School Athletics



February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			Athletics	1	2	3
4	5	6	Athletics	7	8	9
10	11	12	13	14	15	16
17	18	19	Athletics	20	21	22
23	24	25	26	27	28	29
30	31					

SATURDAYGIFT.COM

SATURDAYGIFT

January 17, 2024

BOARD MEETING HIGHLIGHTS



Parent Session

The Division has booked Ariel Haubrich to facilitate a free session for parents on social media use and mental health in youth. There are two options for attending: January 30 in Two Hills or January 31 in St. Paul. The session timeframe is 6:45 - 8:45 p.m. on both evenings. Registration is not required; however, those who wish to join us for pizza are asked to RSVP by completing this [form](#). More information about the session is available [here](#).

2024-25 School Calendar

Surveys have been sent to staff and parents regarding the 2024-25 Learning Calendar. The surveys will close on January 19, and the Board will review the results in February.

Educational Technology

Associate Superintendent of Learning Keith Gamblin provided an overview of the Division's educational technology goals for 2023-24. These goals include developing a technology evergreening plan, implementing the Go FMX program for technology requests, updating the Division's data retention plan, and examining ways in which artificial intelligence can support student learning.

Jordan's Principle Contribution Agreement

The Board approved a motion that the Division submit an application for support through Jordan's Principle as a group application according to the requirements of Indigenous Services Canada.

Education Assistant Internship Pilot

The Division has been chosen to participate in an educational opportunity that provides professional development to educational assistants through online modules and coaching, as well as Community of Practice sessions.

Doug Yeo Youth in Action Award

Congratulations to New Myrnam School for being the recipient of the Doug Yeo - Youth in Action Award for 2023-24. This annual award recognizes student participation in class/group projects in areas of community service, character development and healthy lifestyles. The school will use the \$500 scholarship to support innovative projects being led by students in the area of environmental sustainability.

Financial Report

Budget planning for 2024-25 has started with the Division submitting enrolment projections to Alberta Education, focusing solely on provincial numbers. The anticipated enrolments are slightly lower than the current numbers. These projections and subsequent actual enrolment play a pivotal role in shaping the budget allocated by the province.

Alberta Education Satisfaction Surveys

The Ministry of Education will conduct its annual satisfaction telephone and online surveys to collect public and participant perceptions of Alberta's education system. These surveys gather responses from a random sample of parents, the public, high school students, teachers, principals, and school board trustees, as well as employers of recent high school graduates. Advanis Inc. will begin survey administration of the telephone/online surveys on January 15, 2024, with an expected conclusion in May 2024.

For more information, contact:

Mr. Peter Barron

Superintendent of Schools

barrpete@sperd.ca

Learning Together, Growing Together

A.G ROSS ARENA

**** NEW ** SENIOR SKATE & PARENT/TOT SKATE**

STARTING WEDNESDAY, JANUARY 24, 2024

*****NO SKATE ON FEBRUARY 7TH DUE TO PRIVATE RENTAL*****

SENIOR SKATE 12:00PM -1:30PM

PRESCHOOL SKATE 1:30-3:00 PM



**EVERY WEDNESDAY DURING SKATING
SEASON UNLESS OTHERWISE STATED**

Off on the Right Foot

A day of fun & discovery for children 2 to 5

Wednesday, January 31, 2024

École du Sommet Gymnasium

4609 40th St.

9:00 a.m. to 1:30 p.m.

**Free consultations from Health &
Educational Professionals**

- ◆ « Ages & Stages » Questionnaires
- ◆ Early Childhood Professionals
- ◆ Speech & Language Pathologist
- ◆ Occupational Therapist



**Community organizations &
information on family well-being.
Childcare service onsite.**

**Call 780-645-5050
to book your appointment**



This event is made possible due to funds from the Public Health Agency of Canada

pageborders.org

2024

Elk Point LOCATION

February

WHICH PROGRAM IS FOR ME?

child development & well being

ages 0-6 (blue)

ages 7-18 (red)

caregiver support, building, classes

all ages (Grey)

community events

all ages (White)

MON

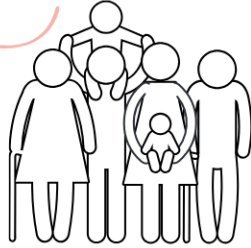
TUE

WED

THU

FRI

family



01

Youth Group
Growing Minds
Big Life Journal
3:30pm - 5:30pm
REGISTER

02

NO PROGRAM

05

Kid's have Stress
Too!
2pm-3pm
REGISTER

06

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

07

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

08

Youth Group
Growing Minds
Big Life Journal
3:30pm - 5:30pm
REGISTER

09

Valentines
Crafts
10am - 12pm
DROP IN

12

Spend extra time
with your
VALENTINES!

13

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

14

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

15

Youth Group
Games
2pm - 5:30pm
DROP IN

16

Icky Sticky
Messy Play
10am- 12pm
DROP IN

Shiver Fest
Penguin Hunt
3:30pm-5:30pm
DROP IN

19

CLOSED
Enjoy today with
your FAMILY!

20

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

21

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

22

Escape Room
at The Garage
Youth Center
3:30pm-5:30pm
DROP IN

23

Making Music
and Movement
10am-12pm
DROP IN

26

Try something
NEW
this week!

27

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

28

Office
OPEN
8:30am - 12:30pm
1:30pm - 4:30pm

29

Youth Group
Make & Take
3:30pm - 5:30pm
REGISTER

*Happy
Valentine's
Day*



Lakeland
FAMILY RESOURCE NETWORK

4906 - 48 St

Elk Point AB T0A 1A0

Call: 780-724-3800

Text: 780-614-1941

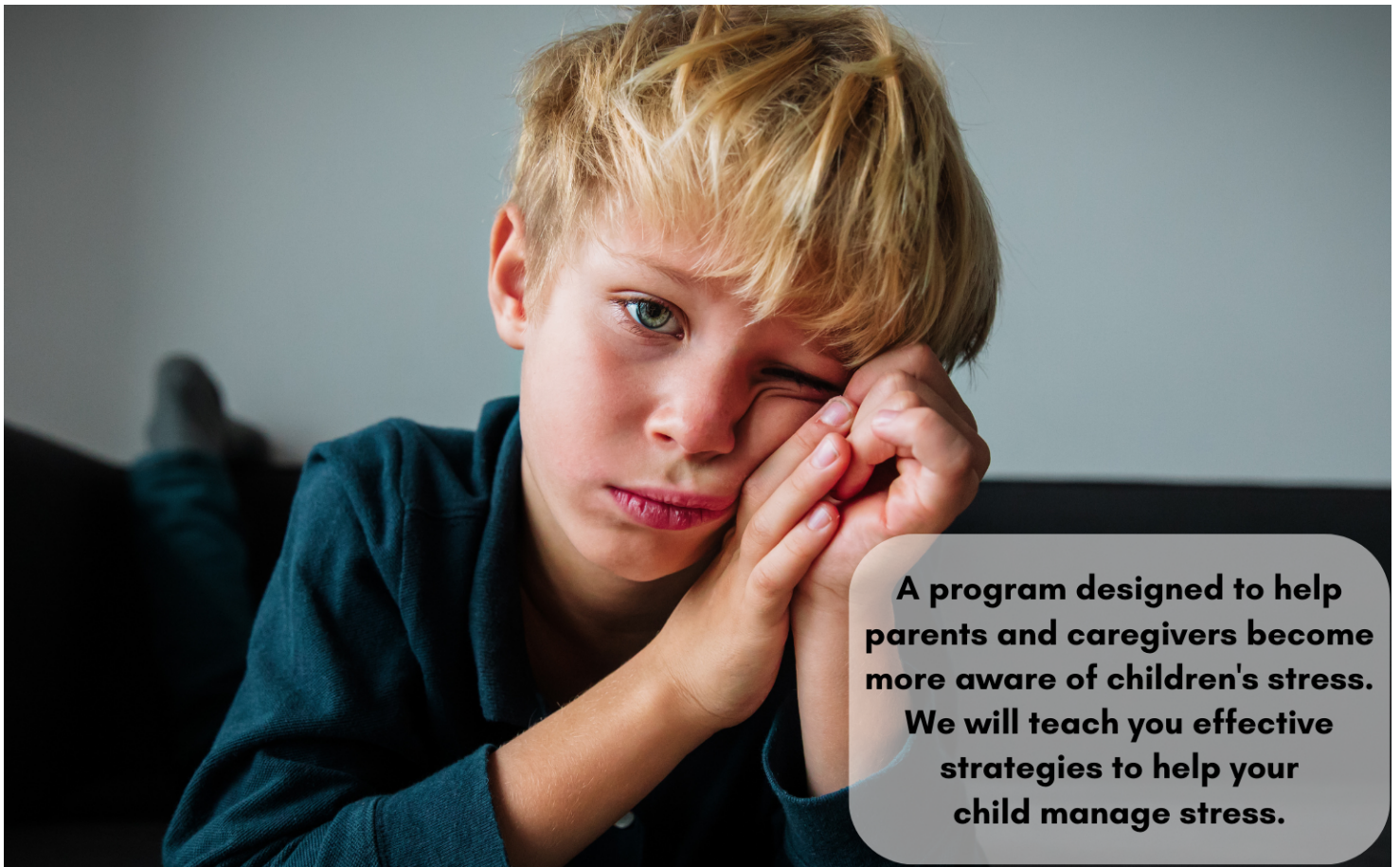
Web: stpaulfcss.ca



st.paul_fcsc



St. Paul Regional
FCSS & Family
Resource Network



A program designed to help parents and caregivers become more aware of children's stress. We will teach you effective strategies to help your child manage stress.

CAREGIVERS

Elk Point LFRN 4906 48 ST

Kids Have Stress Too

Monday
February 05

2pm-3pm

CALL TO REGISTER
780-724-3800

FREE



Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





AGES 0-6

LFRN Elk Point 4906-48 St

Helping
promote
healthy family
relationships.

Valentine Crafts

Friday
February **09**

10am-12pm

DROP IN

780-724-3800



Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





YOUTH 7+

LFRN Elk Point 4906-48 St

Motivates,
promotes &
encourages
learning in a
variety of ways.

Board Games Play

Thursday
February **15**
2pm-3:30pm

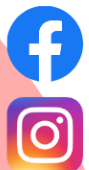
FREE DROP IN
780-724-3800

Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**
Providing services and support for ages 0-18yrs, parents and caregivers.



Building Community Connections



**PENGUIN HUNT
in ELK POINT**

Join us Thursday at 3:30pm for a Penguin Hunt to kick off family day weekend. Have fun with your family and search the town for our penguins who are hiding. Complete the hunt and enter your name into a draw for a family fun prize pack!

Bring your friends and family as we come together to connect with each other and the community

Thursday

Feb 15, 2024

3:30-5:30PM

DROP IN

COME BY THE ELK POINT OFFICE
TO GET STARTED
4906A 48 STREET

Lakeland
FAMILY RESOURCE NETWORK

 **fcss**
St. Paul Regional
Family and Community
Support Services





Help your child explore the world through their senses & encourage their curiosity. They learn through play & **WE** take care of the mess!!

AGES 0-6

LFRN Elk Point 4906-48 St

Encouraging sensory development, and helps build social-emotional skills.

Icky, Sticky, Messy!

Friday
February 16

10am-12pm

DROP IN

780-724-3800



Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





YOUTH 7+

4826 Railway Ave, Elk Point

Encouraging leadership and problem solving skills.

Escape Room

Thursday February 22

3:30pm-5:30pm

DROP IN



The Garage

Youth Unlimited™

Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





Come connect with friends, play musical instruments, sing songs and dance!

AGES 0-6

LFRN Elk Point 4906-48 St

Singing and making music supports speech & language development, encourages socialization and builds self-esteem.

Making Music

Friday
February **23**
10am-12pm
DROPP IN
780-724-3800



Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





Have fun creating a stress ball to help you when you are feeling frustrated and angry.

YOUTH 7+

LFRN Elk Point 4906-48 St

Learn healthy ways to cope with stress.

Create a Stress Ball

Thursday
February 29

3:30pm-5:30pm

CALL TO REGISTER
780-724-3800



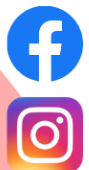
Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





Building resilience through sharing and learning.

Rainbows

Join us in this fun, interactive 7 week program for youth aged 10-12. Get tools, knowledge, and skills to practice self-care and learn healthy ways to cope when life seems overwhelming.

Sessions assist with Adverse Childhood Experience's (ACE's) like death, separation/divorce, significant illness, deployment, incarceration and immigration.

Learn more at
rainbows.ca

starting **March 7**
for ages 10-12 years

4PM-5PM

Elk Point FCSS, 4906 A 48 Street

FREE TO REGISTER
Call 780-724-3800



What is kindness?

Kindness is sharing the best parts of our hearts with those around us.

Kindness is seeing the good in others and celebrating it.

Take time to show kindness to yourself and others this month.

How does kindness benefit you?

Kindness has been shown to increase self-esteem, empathy, compassion and improve mood.

It can increase a feeling of connection with others, decrease loneliness and improve relationships.

It can also be contagious and encourage others to join in with their own acts of kindness!

Ways to be kind to yourself

When sharing kindness, it's great to share it with others, but important to show kindness to yourself too. Try some of these simple ways to show yourself a little more kindness!

- Make a gratitude list
- Do something you love
- Write down things you love about yourself
- Practice positive self-talk

Ways to be kind to others

Try one of these easy ways to show kindness to others. You can do these anytime!

- Pay someone a compliment
- Hold the door open
- Express gratitude for someone
- Smile

MORE RESOURCES

[the art of kindness](#) – Mayo Clinic

[10 Ways to Practise Self-Kindness - School of Kindness](#)

Information on mental health, community supports, programs and services in your area:



February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Day 2 HOTDOGS	2 PLC DAY GROUNDHOG DAY	3
4	5 Day 3—KA CANDYGRAMS ON SALE	6 Day 4 CANDYGRAMS ON SALE 	7 Day 5—KA CANDYGRAMS ON SALE 	8 Day 6 CHICKEN BURGERS	9 Day 1—KA	10
11	12 Day 2	13 Day 3—KA 	14 Day 4 Valentine's Day wear red or pink Early Dismissal Day 2:00	15 TEACHERS' CONVENTION	16	17
18	19 	20 Day 5—KA  March Hot Food & Milk Order Deadline	21 Day 6	22 Day 1—KA SUBWAY	23 Day 2	24
25	26 Day 3—KA Random Acts of Kindness Week	27 Day 4 	28 Day 5—KA  Student Assembly	29 Day 6 70s 80s 90s DECADES DAY MAGIC PIZZA		