



Elk Point Elementary School

October 2023

Box 600, 5410—50 Street, Elk Point, Alberta, T0A 1A0

Principal: Ms. Leanne Vinge Asst. Principal: Mrs. Reanne Mudryk

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Text: 780-900-8288

Email: epe@sperd.ca

Facebook: Elk Point Elementary SPERD



2-13 EPE & Helping Hands Food Drive

3 Intramurals begins for Gr. 3-6 students

5 World Teacher Day

5 Life Touch Picture Day

5 HOT FOOD—Magic Pizza

6 PLC DAY, no school

9 THANKSGIVING DAY, no school

12 HOT FOOD—Hot Dogs

19 HOT FOOD—Subway

23 November Hot Food & Milk orders due

26 HOT FOOD—Empress Hamburger

31

Happy Halloween

TRICK OR TREAT



HELPING HANDS FOOD DRIVE OCT. 2-13



**IF WE ALL
GIVE A LITTLE
IT ENDS UP
BEING A LOT**



**FOOD DRIVE
GIVE TODAY!**

NEWS FROM THE SCHOOL LEARNING COMMONS

Our Library Learning Commons Facility is off to an exciting start!!!

The 19th Annual Library Jeopardy will be starting in October! Grades 5 & 6 will have an opportunity to sign up to play! I am excited to start this game and watch Students read their Jeopardy books and compete! Winners of the Grade 5&6's win a lunch of their choice!! Come and enter your team for a chance to win!!

Our Accelerated Reader program is off and running for the nineteenth year!!! Students from Grades 2-6 are reading books at their level and answering questions on the book. Don't forget students - if you take home your AR book to read, make sure it comes back the next day for AR Reading in the classroom/Library! Keep an eye out for AR challenges, games and contests in the near future!!!! REMINDER: Grades 3-6 need to have their goal met by November 9th for their 1st reporting period! Information about Home Connect will be sent out with the students from Grades 2-6. I encourage you to sign up! If you are having trouble logging in, give me a call!

It is very important for each student to remember to bring back his or her library book each week for check-in or renewal. Please encourage your child to keep up the good work of reading and returning their books on time!

Have a great Reading Month!!

Mrs. Dewan
Learning Commons Facilitator



2022-2023 Yearbooks
We have a few extra copies of the 2022-2023 yearbook available for purchase on schoolcashonline for \$19.00



BUCKET FILLER'S PLEDGE

I promise to do my best every day to be a bucket filler, not to dip, and to use my lid for myself and others at home, at school, and everywhere I go.

Have You Filled A Bucket Today?





school lunch menu

- October 5 MAGIC PIZZA 
- October 12 HOT DOGS 
- October 19 SUBWAY 
- October 26 HAMBURGERS 

**No School
PLC DAY
Friday, Oct. 6**

**Student
Picture Day**

THURSDAY, OCTOBER 5

Retakes Nov. 6



Please share your musical stories with me! - Mrs. Earle

Some ideas for music at home:

What a great start to the new school year! Students have jumped in with enthusiasm and joy, singing, dancing, improvising, and even miming.

My challenge to parents:

Ask your child what they did in Performing Arts this week. Maybe, they're learning to sing along with high and low voices (1-2). Maybe there was a hilarious moment while playing the game Freeze (5-6). Or maybe, they were part of a wonderful performance of speaking and actions (3-4)!

Sing a song from music class to a grownup	Listen to a song story	Play an instrument
Write your own song!	Play Rhythm on Chrome Music Lab	Watch The Remarkable Farkle McBride
Play along with a Musication Video	Sing your favorite song	

TERRY FOX SCHOOL RUN DAY WAS A HUGE SUCCESS!!! I would like to thank everyone for their participation in this year's Terry Fox School Run/Walk Day this past Friday, September 22, 2023. It turned out to be a beautiful day for EPE to "Walk for the Cure" in our School Families.

There is still time to collect pledges for the Terry Fox Foundation. If you would like to donate to the Terry Fox Foundation you can go online to our school's online fundraising page (<http://www.terryfox.ca/ElkPointElementary>)

Deadline to collect pledges is Friday, October 6, 2023. Thank you for making a difference!



IMPORTANT DATES & UPCOMING EVENTS:

Tuesday, October 3 – Grades 3-6 Intramurals Begin

Friday, October 6 – Terry Fox Pledges deadline



After School

Athletics

Elk Point Elementary School is offering an after school athletic program, with the goal to provide additional opportunities for our Grade 5 & 6 students to further develop athletic skills, sportsmanship, and overall fitness. The vision for this program is to achieve the goal through a balance of instructional activities and active games that develop personal and group skills. To begin with, we will focus on the sports of Team Handball, Basketball and Volleyball. The program will be on Wednesdays (with some exceptions) from 3:30 to 5pm.

Watch for an information package to come home with your Grade 5 or 6 student soon!

October 2003

SUN	MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7	
8	9	10	11 Athletics Begins	12	13	14	
15	16	17	18 Athletics	19	20	21	
22	23	24	25 Athletics	26	27	28	
29	30	31					

September 13, 2023

BOARD MEETING HIGHLIGHTS



Enrolment Update

Overall enrolment is slightly lower than projected. The final student count will occur at the end of September. Budget adjustments may be required.

Joint Use Planning Agreements

Changes to the Municipal Government Act and Education Act require municipalities and school boards to have Joint Use Planning Agreements (JUPAs) in place prior to the end of June 2025. The Board approved that the template developed in conjunction with the County of St. Paul be used with all municipal partners, subject to updates for specific sites.

Collaborative Response Training

As part of our Division Professional Learning Community Day activities on September 1, all staff were introduced to the Collaborative Response Model with Kurtis Hewson from Jigsaw Learning. We look forward to continuing to work with Kurtis as he guides our division in using the power of collaboration to improve student success.

New Communication Tools

The new Division and school websites launched at the end of August. The Division is also pleased to offer a new bus notification system. The Bus Status 4 App will replace the Alertus App that was previously used by the Division to communicate bus delays and cancellations. Instructions for downloading the app are available on our [website](#). The Division will also launch the SchoolMessenger communication system later this fall.

Dual Credit Grant

The Division is partnering with Portage College through this grant to offer dual credit health and wellness related courses.

Off-Campus Education Coordinator

The Division has received funding through Careers the Next Generation to fund an Off-Campus Education Coordinator. Corey deMoissac will be coordinating all Registered Apprenticeship Programs and internship opportunities for students across the Division.

Financial Update

The audit committee approved the audit plan and is still seeking two public members. Individuals with a financial background that might be interested are encouraged to contact the Secretary-Treasurer. The Province has selected BR2 Architects to be the design consultant for the École Mallaig School project. BR2 is the same firm that designed Ashmont School. Site testing has begun and design planning will begin shortly.

For more information, contact:

Mr. Peter Barron

Superintendent of Schools

barrpete@sperd.ca

Learning Together, Growing Together



Elk Point Elementary School and Elk Point Helping Hands are teaming up to sponsor a **Food Drive** to help people in our community!

This Food Drive will start
Monday, Oct. 2 and will end **Friday, Oct. 13.**

If we all give a little, it ends up being a lot!

Any student who wants to participate can bring in any item(s) on the Requested Food List to the school during those 2 weeks.

Requested Food Items:

Package of Pasta

Pasta Sauce

Box of Kraft Dinner

Can of Baked Beans

Can of Soup

Canned meat (e.g. Tuna)

Peanut Butter

Jam

Pancake Mix

Bag/Box of Oatmeal

Bag/Box of Cereal

Package of Rice

Thanks for Caring! Thanks for Sharing!

HOW SICK IS TOO SICK FOR SCHOOL?



SEND TO SCHOOL

- A runny nose or just a little cough but no other symptoms.
- Sore throat but no other symptoms.
- No fever in the past 24 hours without fever-reducing medicine.
- No vomiting or diarrhea for 24 hours.



KEEP AT HOME

- Fever higher than 100.4 degrees F (38 degrees C).
- Sore throat, with other symptoms such as a persistent cough.
- Vomiting or diarrhea in the past 24 hours.
- Eyes are pink and crusty.
- Has been exposed to an illness where isolation is recommended.



St. Paul Education



stpauleducation.ab.ca

Language Matters

We communicate all the time. Communication is what we say with our words, our tone of voice and our body language.

Language Impacts People

Language can invite people in, or it can push them away. When we are mindful about how and what we say, it boosts kids mental health. As a family, use positive and encouraging words to build caring and connected relationships.

Family tips on how to build communication and language skills

- Keep messages simple
- Help your children get the facts
- **Be calm** when speaking to your kids
- **Be prepared** before having a difficult conversation
- **Don't assume** you know what is going on or has happened
- **Check in** regularly with your kids to connect better
- **Look for the good** in each other
- **Empathy and listening** helps us to see each other's perspective and to increase understanding.
- **Be kind** to yourself and others

Stand up to stigma

Stigma is the negative attitudes, beliefs, or behaviours about or towards a group of people because of their life situation. It may include discrimination, prejudice, judgement, and stereotypes which can isolate people.

Ways to help your family reduce stigma:

- Encourage your family to talk openly about addiction and mental health
- Use supportive language
- Speak out to correct myths and stereotypes
- Educate yourself, your family, and others

Tackling stigma is important as it creates trust and encourages people to express their feelings and seek treatment.

Tackle stigma through the words you choose

- Use positive and respectful language
- Avoid stereotypes and labels
- Use person-first language to focus on the individual rather than the illness, disability, condition, or behaviour

Examples of stigmatizing vs. respectful language:

Stigmatizing

This drives me crazy

This is nuts

Mentally ill or insane person

Addict or junkie

Respectful

This bothers/annoys/frustrates me.
This is interesting/strange/peculiar/funny.
Person living with mental illness.
Uses substances or lives with substance use problem.

MORE RESOURCES

- [Language Matters](#)
- [Mental Health Literacy Resources - FamilySmart](#)
- [Why Words Matter](#)

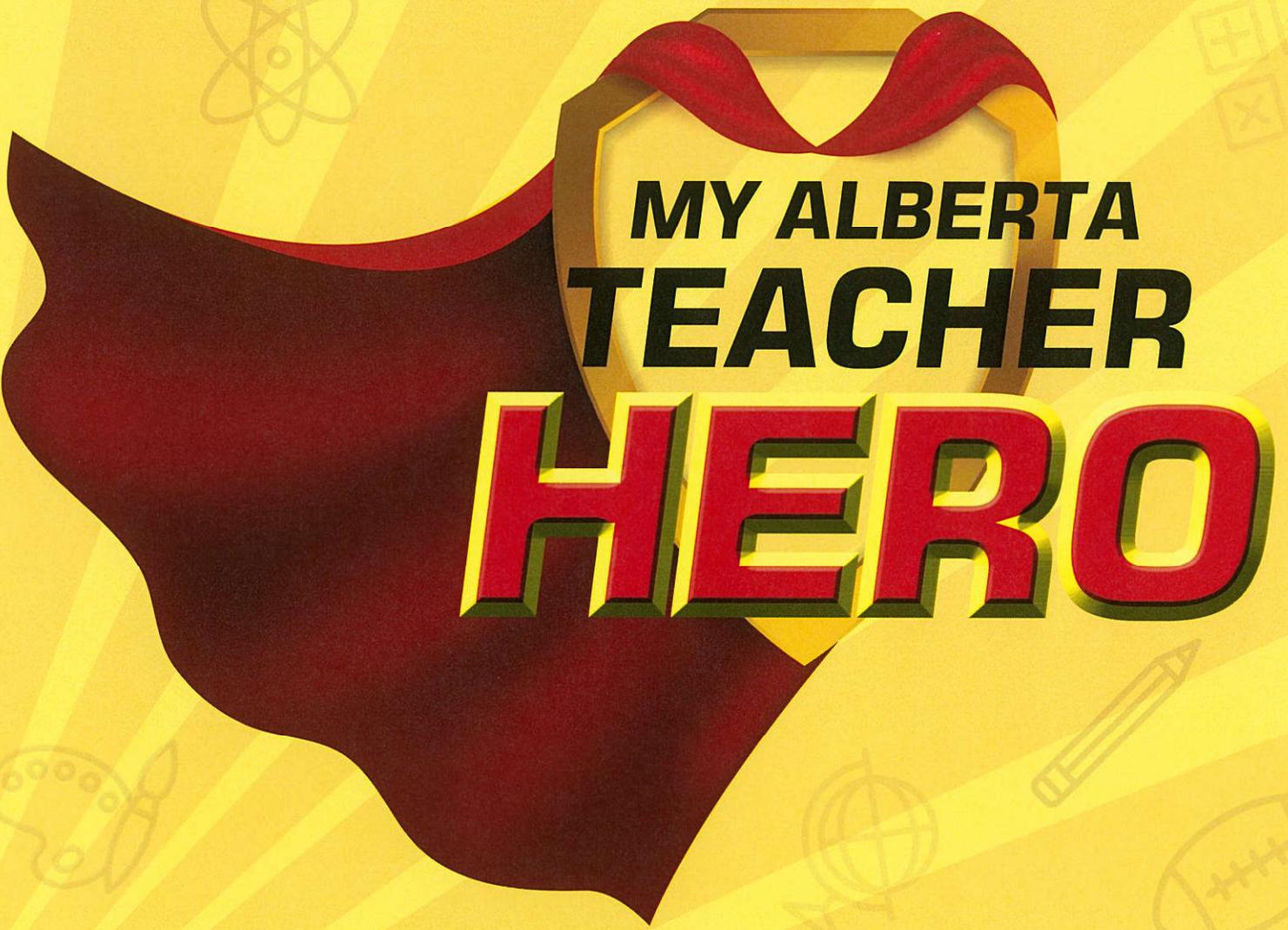
Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642





**MY ALBERTA
TEACHER**

HERO

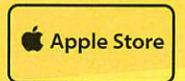
October 5 is World Teachers' Day.

You and your favourite Alberta teacher can win amazing prizes!

To celebrate, send us a 60-second video sharing how an Alberta teacher inspired you.

You'll be entered to win one of 25 **\$100 Visa gift cards**.

Your Alberta teacher will be entered to win one of three vouchers for either **airfare** or the **Apple Store valued at \$3,000!**



Scan the QR code to make your video submission.
Send your video by **October 16** to be eligible.

Generously sponsored by Morgex Insurance.



The Alberta
Teachers' Association



A division of Johnson Inc.

2023

Elk Point LOCATION

October

WHICH PROGRAM IS FOR ME?
 child development & well being
 ages 0-6 (blue)
 ages 7-18 (red)
 caregiver support, building, classes
 all ages (Grey)
 community events
 all ages (White)

MON	TUE	WED	THU	FRI
02 Take a walk and enjoy the crisp air!	03 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	04 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	05 Youth Group Thanksgiving Gratitude Game Make & Take 3:30pm - 5:30pm DROP IN	06 Office Closed
09 CLOSED Thanksgiving Who are you thankful for?	10 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	11 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	12 Youth Group Watercolor Painting 3:30pm - 5:30pm REGISTER	13 Fine Motor Fun 10am - 12pm DROP IN
16 Enjoy a good book!	17 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	18 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	19 Youth Group Board Games 3:30pm - 5:30pm DROP IN	20 Fall Craft 10am - 12pm DROP IN
23 Relax with a cup of tea!	24 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	25 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	26 Youth Group Cookie Decorating 3:30pm - 5:30pm REGISTER	27 Cookie Decorating 10am-12pm DROP IN
30 ASQ Screening 2pm-4pm REGISTER	31 Office OPEN 8:30am - 12:30pm 1:30pm - 4:30pm	 <p>HAPPY Thanksgiving</p>		



Thanksgiving Make & Take

Show your family how thankful you are with this fun interactive game.

YOUTH 7+

LFRN Elk Point 4906-48 St

Connect with friends old and new.

Make & Take

Thursday
October **05**

3:30pm-5:30pm

FREE DROP IN
780-724-3800

Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





Join our painting class to learn about watercolors and explore your creativity.

YOUTH 7+

LFRN Elk Point 4906-48 St

Paint Night

with guest painter

Thursday
October 12

3:30pm-5:30pm

CALL TO REGISTER
780-724-3800

Lakeland

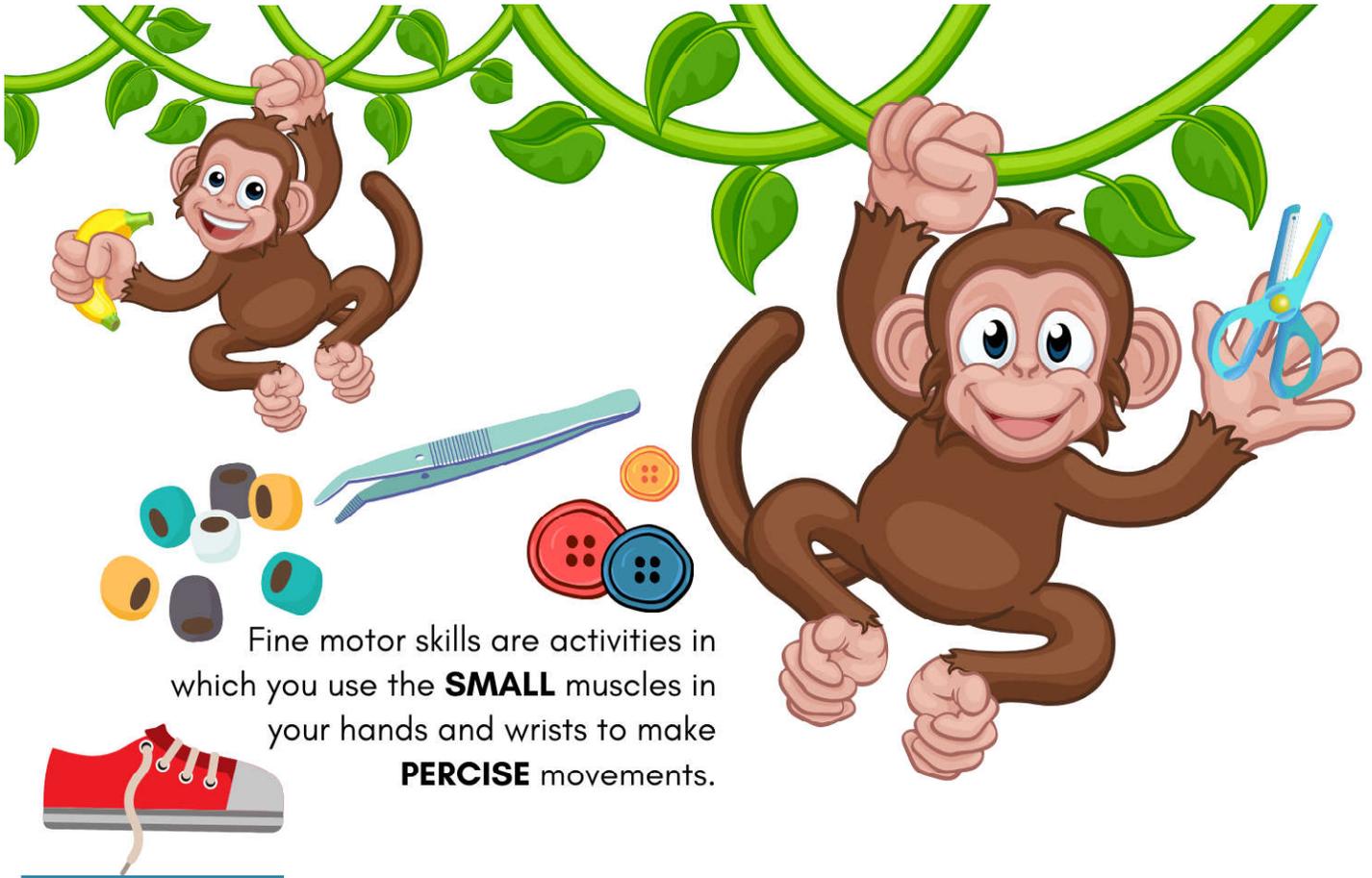
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Fine motor skills are activities in which you use the **SMALL** muscles in your hands and wrists to make **PERCISE** movements.

AGES 0-6

LFRN Elk Point 4906-48 St

Developing fine motor skills through play.

Fine Motor Fun

Friday
October 13

10am-12pm

DROP IN

780-724-3800



Lakeland

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YOUTH 7+

LFRN Elk Point 4906-48 St

Motivates,
promotes &
encourages
learning in a
variety of ways.

Board Games Play

Thursday
October 19

3:30pm-5:30pm

FREE DROP IN
780-724-3800

Lakeland

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AGES 0-6

LFRN Elk Point 4906-48 St

Develop motor skills, teaches shapes and colors, explore creativity.

Scarecrow Craft

Friday
October **20**

10am-12pm

DROP IN

780-724-3800



Lakeland

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Try your hand at cookie decorating
and see what you can create.

YOUTH 7+

LFRN Elk Point 4906-48 St

Cookie Decorating

Thursday
October **26**

3:30pm-5:30pm

CALL TO REGISTER
780-724-3800

Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





Decorate yummy cookies to enjoy!

AGES 0-6

LFRN Elk Point 4906-48 St

Cookie Decorating

Friday
October **27**

10am-12pm

DROP IN

780-724-3800



Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**

Providing services and support for ages 0-18yrs, parents and caregivers.





Is your child meeting the developmental milestones?

Make an appointment to fill out the Ages & Stages Questionnaire, receive information, referrals & access other programs we offer.

CAREGIVERS
LFRN Elk Point 4906-48 St

ASQ Screening

Monday 30
October

2pm-4pm
CALL TO REGISTER
780-724-3800

FREE

**30 min appointments
for ages:
2 months-60 months**

We will check.....
Communication Fine
Motor Skills Gross
Motor Skills Problem
Solving Personal-
Social Skills Social
Emotional.

Lakeland

FAMILY RESOURCE NETWORK

Connect with us for more information.

Call **780-724-3800** or visit our website at **stpaulfcss.ca**
Providing services and support for ages 0-18yrs, parents and caregivers.



October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Day 2	3 Day 3 KA Intramurals Starts	4 Day 4	5 Day 5 KA Picture DAY Hot Food - Magic Pizza	6 Day 3 KA PLC DAY no school	7
8	9 Day 2 Thanksgiving Day	10 Day 6	11 Day 1 KA AFTER SCHOOL ATHLETICS	12 Day 2 Hot Food - Hot Dogs	13 Day 3 KA	14
15	16 Day 4	17 Day 5 KA	18 Day 6 AFTER SCHOOL ATHLETICS	19 Day 1 KA Hot Food - Subway	20 Day 2	21
22	23 Day 3 KA November Hot Food & Milk Orders Due	24 Day 4	25 Day 5 KA AFTER SCHOOL ATHLETICS	26 Day 6 Hot Food - Hamburgers	27 Day 1 KA	28
29	30 Day 2	31 Day 3 KA HAPPY HALLOWEEN	Nov. 1 Day 4	Nov. 2 Day 5 KA	Nov. 3 Day 6	



FOOD DRIVE
Oct. 2 - 13