

DARE TO CARE BULLY PREVENTION RESOURCE LIST

BOOKS FOR TEACHERS AND PARENTS

1. Sticks and Stones: Defeating the Culture of Bullying and Rediscovering the Power of Character and Empathy
Emily Bazelon (excellent updated information)
2. The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age *Catherine Steiner-Adair*
3. Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger Syndrome
Jennifer Cook O'Toole
4. Social Rules for Kids: The top 100 Social Rules Kids Need to Succeed
Susan Diamond
5. Perfect Targets: Asperger Syndrome and Bullying
Rebekah Heinrichs
6. Nobody Likes Me, Everybody Hates Me *Dr. Michelle Borba (Great reading form parents or teacher of children with social skills deficits)*
7. The Bully, The Bullied, and the Bystander *Barbara Colorosa*
8. Cyber-Bullying: Issues and Solutions for the School, the Classroom, and Home
Shaheen Shariff
9. Girl Wars: 12 Strategies That Will End Female Bullying
Cheryl Dellasega
10. Queen Bees and Wannabes *Rosalind Wiseman*
11. Odd Girl Out
Rachel Simmons
12. Real Boys
Dr. William Pollack
13. Boys Adrift
Leonard Sax
14. Bullying at School: What We Know and What Can We Do
Dan Olweus
15. Bully Proofing Your School: Teachers Manual *Carla Garrity et al.**
16. Little Girls Can be Mean *Michelle Anthony ***
17. Boys on Target: Raising Boys into Men of Courage and Compassion *Barry MacDonald*

18. Smart Boys
Barb Kerr and Sanford Cohn

19. Would You Teach a Fish to Climb a Tree?
Anne Maxwell, Gary M. Douglas, Dr. Heer

BOOKS FOR SOCIAL SKILLS

20. Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger Syndrome
**Asperkids SECRET Book of Social Rules. The Handbook of NOT SO OBVIOUS Social Guidelines for Tweens & Teen with Asperger Syndrome.
Jennifer Cook O'Toole
21. Social Rules for Kids: The top 100 Social Rules Kids Need to Succeed
Susan Diamond
22. Perfect Targets: Asperger Syndrome and Bullying *Rebekah Heinrichs (Great reading for parents or teachers of children with social skills deficits)*
23. Nobody Likes Me, Everybody Hates Me *Dr. Michelle Borba*

K – GRADE 3

1. The Hundred Dresses *Eleanor Estes*
2. A Guide for Using The Hundred Dresses in the Classroom
Catherine Steiner-Adair
3. Recess Queen
Alex O'Neill
4. Just Kidding
Trudy Ludwig (boy issues)
5. My Secret Bully
Trudy Ludwig (girl issues)
6. Trouble Talk
Trudy Ludwig (rumors and gossip)
7. Sorry
Trudy Ludwig
8. Stick and Stone *Beth Ferry*
9. Stand Tall, Molly *Patty Lovell*
10. I Walk With Vanessa: A Story About a Simple Act of Kindness *Kerascoët*

11. Tattlin' Madeline *Carol Cummings*
12. Don't Laugh At Me *Steve Seskin*
13. One *Kathryn Otoshi*
14. Stand Up!
Lisa Roth and Karen Siris
15. The Juice Box Bully: Empowering Kids to Stand Up for Others
Bob Sronson & Maria Dismody

Because No Child Should Ever Feel Alone, Afraid, Or Unwelcome In Their School Or Community!

GRADES 4 - 6

1. Bullies Are a Pain in the Brain *Trevor Romain*
2. Letters to a Bullied Girl: messages of Healing & Hope *Olivia Gardner*
3. Iggy's House *Judy Blume*
4. Odd Girl Speaks Out *Rachel Simmons **
5. Smart Girl's Guide to Friendship *American Girl Series*
How to Stand Up for Yourself and Your Friends
American Girl Series
6. Schooled
Gordon Korman (Gr. 6-8)*
7. Confessions of a Former Bully *Trudy Ludwig*
8. Smart Girl's guide to Friendship Troubles
American Girl Series

GRADES 7 – 12

1. The Lottery
Beth Goobie (novel for gr. 7-12)
2. Odd Girl Speaks Out



Rachel Simmons (Gr. 7-12)

3. Bullies Are a Pain in the Brain *Trevor Romain (Gr. 7-9)*
4. The Cat's Eye
Margaret Atwood (Gr. 9-12 novel)
5. Nineteen Minutes
Jodi Picoult (Gr. 9-12 novel)
6. Schooled
Gordon Korman (Gr. 7-9)
7. Smart Girl's Guide to Friendship *American Girl Series (Gr. 7)*
8. Egghead
Caroline Pignat (Grade 7-9)

WWW.DARETOCARE.CA